

Midway Point Yacht Club inc

Sailing Instructions

Season 2023-2024

1 RULES

- 1.1** All Races will be governed by the rules as defined in *The Racing Rules of Sailing (Blue Book)*, which may be viewed here <https://www.sailingresources.org.au/class-assoc/racing-rules/>
- 1.2** The provision of Australian Sailing Special Regulations Part 2 for off the beach boats, which can be viewed here www.sailingresources.org.au/safety/specialregs/
- 1.3** The Race Committee may apply changes to rule 42 as allowed by relevant class rules.
- 1.4** Where a conflict exists between rules other than the Racing Rules of Sailing, the sailing instructions will prevail.
- 1.5** These sailing instructions apply to all events hosted by the club, unless an alternative set of sailing instructions has been approved by the sailing committee.

2 PARTICIPATION REQUIREMENTS

- 2.1** MPYC members are entered for the season by completing club member registration forms, and paying their entry fee.
- 2.2** Other Australian Sailing affiliated club members can enter races on the days with payment of race fee's.
- 2.3** To be eligible boats must comply with the relevant class association rules.
- 2.4** Eligible competitors are those who are not under suspension applied by any club affiliated with Australian Sailing.
- 2.5** All crew members shall be a current member of an Australian Sailing affiliated Club.
- 2.6** MPYC holds regular club racing suitable for off the beach boats and typical entrants include the following classes:
 - **Sabre**
 - **NS14**
 - **B14**

Other off the beach classes are welcome to attend.

SCHEDULE OF EVENTS

As per the calendar of events, published on the MPYC website

3 <https://midwaypointyachtclub.yachting.org.au/home/>.

ENTRY AND FEES

4 As per the [MPYC Website](#)

CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted on the notice board located near the sign on sheet no later than 30 minutes prior to the scheduled start time, on the day it will take effect, except that any change to the advertised schedules races will be posted on the MPYC website by 20:00 on the day before it will take effect.

6 SAFETY

6.1 Sign on, sign off

- No competitor or recreational sailors shall be on the water without signing on ashore
- Retiring boats to notify a club official as soon as possible once on shore.
- All competitors shall sign-off on shore as soon as possible and no more than 30 minutes after the last race.
- All recreational sailors shall sign-off on shore as soon as possible and no more than 30 minutes after they are off the water.

6.2 Age Restrictions

No person under the age of 18 years may sail in any race conducted by the Midway Point Yacht Club unless the "Disclaimer Form" has been duly signed by a Parent or Guardian and returned to the Club Secretary.

6.3 Wind Speeds

Sailing for each class will be conducted in line with maximum and minimum wind speeds as outlined in the relevant class rules, or if not readily available at the discretion of the Race Officer.

6.4 Indemnity

All those taking part in races conducted by the MPYC do so at their own risk and responsibility. The MPYC is not responsible for the seaworthiness of a yacht whose entry is accepted or the sufficiency or adequacy of its equipment. The MPYC is not responsible for any damage or injury, either ashore or at sea, to persons or yachts that might result from participating in races conducted by the Club. Attention is drawn to [Racing Rules of Sailing \(RRS\) 2021-24](#) Part 1: Fundamental Rules 3 and 4.

6.5 Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of \$5,000,000 per event or equivalent. Evidence of insurance to be provided with race entry.

7 CONDUCT OF RACES

7.1 Briefing

A briefing for all sailors may be conducted 30 minutes prior to the first race of each day.

7.2 Racing Area and Courses

Racing will be conducted on Pittwater in the vicinity of the Midway Point Yacht Club.

7.3 The Start

Races will typically be started as detailed below: this changes Rule 26.

Signal	Flag	Sound	Minutes before starting signal
Warning	Class Flag;	1 sound	5 min
Preparatory	P or I or Black	1 sound	4 min
One-minute	Preparatory flag removed	1 sound	1 min.
Starting	Class flag removed	1 sound	0

A boat that does not start within 5 minutes of its class starting signal shall be scored DNS.

7.4 Start Line

1. Start line will be between the Orange Pole on the start boat and the red bouy

7.5 Finish line

1. Finish Line will be between the Blue Pole on the start boat and the red bouy

7.6 Marks

- **Starting mark** will be a Red inflatable buoy.
- **Distance mark** will be a Green inflatable buoy.
- **Finishing mark** will be a Red inflatable buoy.
- **Marks 1, 2 & 3** will be Pink inflatable buoys.
- **Mark 1A and 2A** will be Orange inflatable buoys.
- **Change of Course mark** will be a Yellow Inflatable Bouy

7.7 Courses

A course will be set with a length for completion in a time frame appropriate to the prevailing conditions and race event. Typically races will be targeted for completion:

- a. If a single race within one hour. With up to two races planned for an afternoon.
- b. If a series of short races are planned approximately 20 minutes each, up to five races in an afternoon.

Typically courses to be sailed will be as follows:

Course 1 (B14 Pennant Course)

Start – Mark 1A - Mark 3 - Mark 1A - Mark 3 - Mark 1A Finish

Course 2 (Sabre Pennant Course & Typical Trophy Course)

Start - Mark 1 - Mark 2 - Mark 3 - Mark 1 – Mark 3 – Mark 1 – Mark 2 – Mark 3 – Finish.

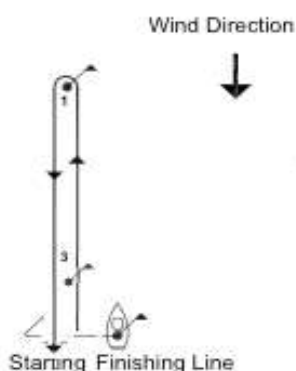
Course 3 (NS14 Pennant Course)

Start - Mark 1 - Mark 2A - Mark 3 - Mark 1 – Mark 3 – Mark 1 – Mark 2A – Mark 3 – Finish.

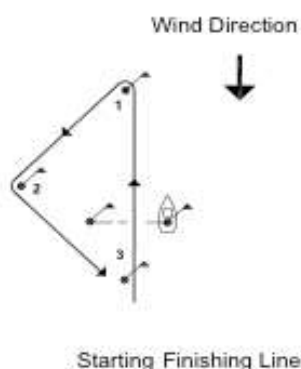
Note that for all Trophy races where there is a combination of classes, such as Sabres, NS14's and B14s course 2 shall be set unless otherwise notified.

The following diagrams show the course configuration for each class:

COURSE 1. WINDWARD - LEEWARD



COURSE 2. TRIANGLE



Change of the Next Leg of the Course

- 7.8** To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. This complements RRS 33.

Protests

- 7.9** Protests must be lodged with the Officer of the Day within thirty minutes after the last boat has come ashore. AS Protest forms are available at the canteen.

- 7.10** **The time of hearing** of a protest will be as early as possible, but depends on Club staff being available, and the parties involved. Staff may endeavour to mediate between the parties prior to hearing a protest.

Members involved in such protests should not feel that the comradeship of the Club is affected by such procedures. As after all, it is a way of learning their obligations and becoming familiar with the Sailing Rules

Protest notices will be posted within 30 minutes of the protest time limit to inform competitors where and when there is a hearing in which they are parties or named as witnesses

8 SCORING

8.1 Minimum Entries

- A minimum of 5 entries must be received in any race to constitute a valid race
- It is not necessary for all entered boats to sail in all races.

8.2 Handicapping

MPYC may decide to handicap designated races.

Races in which more than one class compete may be handicapped using yardsticks approved by Australian Sailing

8.3 Results

Results will be posted on the [MPYC Website](#) at the earliest convenience of the scorer.

8.4 Pennant Scoring

The Low Point scoring system of RRS Appendix A will apply, modified so that each boat's series score will be the total of her race scores, noting that there is a two series pennant arrangement for 2023-24, the following applies for each series, ie. Commodore cup (pennants 1 to 8) and Vice-Commodore cup (pennants 9 to 16).

- worst score discarded if at least five (5) pennant races are completed.
- two (2) worst scores if eight (8) to 12 races are completed.
- Three (3) worst scores if 13 or more races are completed.

Pennant points accrue to the helm.

The overall pennant will constitute the scores from series 1 and series 2 results.

9 PRIZES

9.1 Pennant Series

Trophies will be awarded for Club pennants as follows:

- If a total ten (10) or more individual yachts of a class start in at least four (4) scheduled races, not abandoned, in the pennant series for that class then trophies will be awarded to the first three (3) places, both helm and crew if applicable.
- If a total between six (6) and nine (9) individual yachts of a class start in at least four (4) scheduled races, not abandoned, in the pennant series for that class then trophies will be awarded to first and second place, both helm and crew, if applicable.
- If a total between three (3) and five (5) individual yachts of a class start in at least four (4) scheduled races, not abandoned, in the pennant series for that class then trophies will be awarded to first place, both helm and crew, if applicable.
- No trophies will be awarded if in total less than three (3) individual yachts of a class start in at least four (4) scheduled races, not abandoned, in the pennant series for that class. However, as with all pennant winners, the winner of the pennant series shall be entered on the Pennant Shield in the Clubhouse.
- For the Commodore trophy and Vice-Commodore trophy only one trophy will be awarded for the first placed skipper and crew (if applicable) per division.
- For yachts using multiple crews during the season or a series, trophies will be awarded to both helm and one crew, nominated by the helm.

9.2 Trophy Races

Trophies will be awarded in recognition of club sponsors and at the discretion of the race committee.

9.3 Prizes

- Other prizes may be awarded at the discretion of the executive committee
- The presentation of prizes will be conducted at the end of season trophy night.